

Supplies and Palette

My palette

*NOTE * This is my palette and preference of brands.. Please do not feel the need to go out and buy a bunch of new paint if you already have something similar. The only 2 colors/ brands that I find essential as they do not have the same transparency or temperature in other brands are windsor newton permanent mauve and Rembrandt transparent oxide red. The two combined with your flesh tones produce magnificent results, I will show you how to use them*

Le Frank :

Titanium White

Windsor Newton:

Cadmium yellow light

Cadmium yellow medium

Cadmium red light

Cadmium red

Permanent alizarin crimson

Permanent mauve

yellow ochre pale

Rembrandt:

Cad yellow Lemon

transparent oxide yellow

Transparent oxide red

Cobalt blue light

Ultramarine blue deep
Viridian green

Sennelier:
Kings Blue

*When buying cadmium colors, avoid the ones that say " hue" they are imitation cadmium and do not mix flesh tones in the same way and will turn your color muddy. Also, avoid student grade paint such as windsor newton winton

Get the regular windsor newton or Rembrandt , they are professional paint. Student grade paint is much less expensive because it is mostly filler and oil and very little pure pigment. It will also give you muddy color as you paint.

I know paints are expensive but it's important to practice with the best materials you can . Just as a musician wouldn't practice on an out of tune instrument, we must practice with the best materials we can afford because our time is valuable

I paint on a smooth portrait grade linen
For travel, I use Claessens C13 and/or Artfix L64C oil primed linen panels . I use the linen on gator foam or Hardboard from RayMar www.raymarart.com . Ray Mar is based in Arizona and I believe they can deliver your panels to the school if you are flying in from out of town.

You will need 2 panels for the class. 12x16" , 14 x18" or 16 x 20" is a good size . If you need a wet panel carrier, you can also get great ones through Ray Mar

You will need a container for turp . ***Please bring Only Gamblin Gamsol paint thinner in class It is the least toxic As for medium , I just use walnut oil, it is also non toxic, please bring only that for medium.

Paper towels (I use viva because they're thick and keep the paint from getting on your hands)

I use a glass palette but you can use whatever palette you prefer.If you are traveling need a glass palette you can pick up a ready made frame at any drug store and use for your palette. Some friends of mine do this for travel and it works nicely as the frame holds the paint in and you can cover with plastic wrap at the end of the day

Brushes

The brushes I use are Rosemary brand 279 Master Series long flats and filberts and Rosemary Ivory long flats (the Ivory's are the absolute best synthetic brushes on the market and are very affordable)If you are ordering Rosemary brushes I have put together 2 sets for convenience , the Basic set, very affordable and will give you the basics of what I use (links below) Or you can order brushes individually from her site.

<http://www.rosemaryandco.com/gift-sets/brush-sets/michelle-basic-set>

And the professional set which is a little more extensive in varying sizes

<http://www.rosemaryandco.com/gift-sets/brush-sets/michelle-pro-set>