

Alla Prima Painting Workshop

Taught by Rose Frantzen

EASEL

Easels are provided, however, if you are local you may want to bring a french easel.

PALETTE

If you have a palette that works for you, bring it.

My palettes range in size from 16" x 20" to 18" x 24". I make them with a piece of 1/8" Plexiglas, then with a middle value, neutral gray piece of cardboard taped to the underside of the Plexiglas. (One might use the back of a large sketch pad or piece of *Claessens* linen.)

CANVAS

Please bring at least two canvases, ANY SIZE ranging from 16" x 20" to 24" x 30"

I recommend any of the following:

Stretched Utrecht Claessens Belgian Linen (portrait weave) stock no. 44713 (**I will be working on this**)

OR

Canvas Panels -- L600 or Claessens #13 (C13)

New Traditions Art Panels.

Newtraditionsartpanels.com

OR

Gesso Boards by Ampersand

NOTE: *I do **not** recommend cotton canvas/panels*

BRUSHES

I use a variety of sizes in the following brands: (again buy what you wish or use what you have)

Hog bristle filberts and flats: (most used sizes: 4, 6, 8, 12)

Dick Blick Masterstroke *dickblick.com*

Rosemary & Co *rosemaryandco.com*

Red-sable filberts and flats: (most used sizes: 2, 4, 6, 10)

Dick Blick Masterstroke *dickblick.com*

Utrecht Rhenish Kolinsky *utrechtart.com*

Rosemary and Co *rosemaryandco.com*

Trekell *trekell.com*

Mongoose long flats and filberts: (get a range from 0 -10)

Rosemary & Co. *rosemaryandco.com*

NOTE: *If you are flying I recommend that you bring your brushes as carry-on rather than putting them with your luggage.*

PAINT

This is my current palette; I have listed *All* of it for your interest. I am continuously experimenting with color, and listed below are all the colors I am exploring as of late. I have put in **bold and asterisk*** alongside the colors/paints that are a basic palette for this week. **You only need these to take this workshop.** All the paints are Utrecht Professional grade indicated by an (U), unless otherwise noted.

***Titanium White** (Norma by Schminke, Old Holland, or U)

Cadmium Lemon (Rembrandt)

***Cadmium Yellow or Cadmium Yellow Medium** (U)

Still de Grain Yellow (Rembrandt) or Indian Yellow (Winsor & Newton)

Cadmium Orange (U)

***Permanent Red Medium** (Rembrandt) or ***Cadmium Red light or med** (U)

***Permanent Alizarin Crimson** (Gamblin or Old Holland)

***Permanent Red Violet** (Rembrandt)

***Yellow Ochre** (U) and/or ***Yellow Ochre light** (Rembrandt)

***Terre Rosa** (any brand)

Flesh Ochre (Old Holland) Venetian Red (Rembrandt)

***Transparent Oxide red, yellow, and/or brown** (Rembrandt)

Raw and Burnt Umber (U) Greenish Umber (Rembrandt)

Mars Ivory Black (U) or Ivory Black (U)

Transparent Yellow Green and Cinnabar Green (Rembrandt)
Chromium Oxide Green (U or Rembrandt)

***Viridian (U)**

Cobalt Blue Pure (U)

***Ultramarine Blue (U)**

NOTE: If you think of yourself as rather inexperienced, I may want to work with you using a limited palette. This would allow for a softer ease into learning and working with oils. For this, you will need the white, the black, and a burnt umber of any brand. To this we could add a slight bit more color... bring any red, yellow, and blue with the former three and we will find our way.

You may purchase paints/supplies at the following sites:

utrechtart.com

dickblick.com

jerrysartaram.com

aswexpress.com

rosemaryandco.com

VIVA Paper Towels. Cheap brands or Bounty do not work well. You can purchase these locally.

PALETTE KNIFE and **PALETTE SCRAPER** (razor blade and holder)

CONTAINER for your mineral spirits to clean your brushes

SKETCH PAD (small) and preferred sketching medium.

ODORLESS MINERAL SPIRITS *Gamsol*

MEDIUM My medium is of stand oil, (1part), and *Gamsol* (5parts)

MISCELLANEOUS

Thinner

Gamsol made by *Gamblin* is another odorless thinner – I use this for my mediums.

Paints

Please use your discretion when buying paints. You may already own colors that are similar to mine or of different brands. I understand the price of paint and can work with you. Contact me with your palette questions at
rosefrantzen@aim.com

Canvas

I understand that some folks tape or staple their canvases to a board. This is okay for the head study but not recommended for a longer pose. I will be using double primed linen stretched. If the attendee has a favorite working surface other than these, they should use it. I am aware some people like to work small, and, if this is set in stone, you can do so, though I really wish for people to try something around life-size. It may be prudent to bring a third or fourth canvas/panel.

I buy rolls of canvas. Utrecht sells *Claessen's* Belgian linen in 3-5yd rolls. I use stock no. 44713, which is their portrait weave. Their medium textured (no.44712) weave is also good.

Oil Sticks

I may use oil sticks during my demo, if you have some you can bring them, however oil sticks are not a necessary supply.