

Metal Leaf and Painting Material List

Instructor: Nicole Troup nfntroup6@gmail.com

WEBSITE: www.nicoletroupmasterpiece.com

FACEBOOK: <https://www.facebook.com/nicoletroupmasterpiece>

INSTAGRAM: <https://www.instagram.com/nicoletroupmasterpiece/>

Oil Paints (your choice of brands. Recommended: Michael Harding, Rublev, Sennelier, Winsor and Newton)

-Cadmium red light, cadmium yellow light, Ivory black (must use ivory black), Ultramarine Blue, Alizarin Crimson, Titanium White, (you can use additional colors if you have it on hand. The color palette I listed is just the bare minimum)

Mediums

- Drying Linseed oil (Recommended brands: M. Graham & Co., Winsor & Newton)

Brushes and palette knife (suggested brushes)

- Assorted bristle brushes: small, medium and large, Assorted shapes: filberts, rounds, flats
- Assorted synthetic brushes: small, medium and large, Assorted shapes: filberts, rounds, flats
- soft mop brushes or makeup brushes: small, medium and large (for blending and for dusting off loose gold flakes)
- fan brush
- Small synthetic brush size #2 and Large flat or filbert synthetic brush - (for applying adhesive liquid and sealer for metal leaf application).

Palette

Any size from 9"x12"- 16"x20" (any palette or palette paper. Store palette in a container to store in freezer to keep paint wet longer)

Support

11"x14" smooth or semi smooth panel

Proportion and Scale Tools

10" Proportional Scale Divider tool or a drafting compass tool (any brand)

Misc Materials

paper towels/rags, palette knife,

Small jar/container with lid to store oil medium and to clean brushes with
pencil and eraser, red or blue pen

easel

1 sheet of 11x14 carbon transfer paper (not the graphite transfer paper)

1-2 sheets of canvas paper (to practice painting and gilding techniques)

Masking tape or painters tape (any brands)

Paper for note taking

Apron/smock

Materials for Metal Leaf (Metal leaf supplies can be purchased at Hobby Lobby, Michaels, dickblick.com, amazon.com etc...)

Imitation Gold metal leaf booklet with at least 25 foil sheets (Any brand. I use “Craft Smart” or Mona Lisa brand.)

Metal Leaf Adhesive (Any brand. I use “Mona Lisa” brand)

Metal Leaf Sealer (Any brand. I use “Mona Lisa” brand)

“Old World Art” Red Base coat paint (for gold leaf) or brown burnt Sienna acrylic paint

Disposable or reusable gloves for handling metal leaf, Small containers to pour metal leaf sealer and adhesive into, small containers or ziplock bags to store loose leaf flakes, 2 Sheets of 11x14 wax paper, scratch tool such as an X-Acto knife or scratch tool used for scratchboard art, toothbrush, natural sponge, various sized circle and oval stencil template, Pebeo Gedeco Mixtion Relief Gilding Paste, large box to fit an 11x14 canvas in (to remove loose leaf while containing mess), Glue and Residue eraser, Q-tips