

## Oil Painting Supply List

- **4 canvas panels (one for each day)**, oil or acrylic primed. You may also purchase MDF panels and prime the panels yourself, to save money. Seal the panel on both sides with PVA, then on the painting side apply at least three coats of **acrylic gesso**, sanding each coat after it dries. I use Utrecht's Thick Acrylic Gesso, applied with a roller, and sanded smooth between each coat. You can also apply acrylic gesso with a large palette knife or 2" hardware store brush for a more dynamic surface. Universal primed canvas panels are fine for studies, but I find that they are generally too rough out of the packaging: even for these I will add another two layers of acrylic gesso to kill the texture.
- **Brushes:** I recommend buying a range of sizes, both bristle and soft synthetic. The shapes I'd recommend starting out with are (in order) **filberts**, **rounds**, and **flats**. Robert Simmons Signet, Utrecht, and Princeton are decent affordable brands. **The brushes I use are:**
  - **Rounds:** Utrecht Manglon Mixed Synthetic Series 239 (black handle with the green stripe) sizes 4 and 12, available from Blick
  - **Filberts:** Utrecht Bristle Series 209, sizes 4, 8, and 12, also available from Blick
- **Palette:** I use a glass palette most of the time. New Wave brand gray glass palettes are excellent, but there is an inexpensive substitute: take an old picture frame, about 12x16 inches, and place a piece of gray paper behind the glass to create a gray-toned glass palette for a fraction of the cost of a store-bought palette.
- **Pigments:** For class work I recommend Winsor & Newton Artists' Oil Colors. If you can, avoid student grade brands and lines (e.g. no Winton), and absolutely avoid water-soluble varieties.
  - Titanium White (150ml tube)
  - Cadmium Yellow or Cadmium Lemon (37ml)
  - Yellow Ochre (37ml)
  - Raw Umber (37ml)
  - Cadmium Red or Cadmium Red Light (37ml)
  - Transparent Oxide Red (37ml)
  - Alizarin Crimson Permanent (37ml)
  - Ivory Black (37ml)
  - Ultramarine Blue or Cobalt Blue (37ml)
- **Palette knife (medium size)**
- **Paper towels**
- **Gamsol Odorless Mineral Spirits** (I recommend getting a bottle about 16 oz.)
- **Silicoil Container** or metal brush cleaning tank with a lid
- Optional: A medium of equal amounts of Refined Linseed Oil and Gamsol, mixed in a palette cup with a lid. Avoid Stand Oil, since that will be thicker in consistency. Another medium I use is a gel medium such as Oleogel or Gamblin Solvent-free Gel Medium.