

David Gray Workshop Materials List

Brushes:

Bring an adequate selection of good quality brushes. I prefer a selection of filberts in both hog bristle and sable (or soft synthetic). For a bare minimum in brush supplies please bring sables or soft synthetic filberts in numbers 2 through 10. A few very small rounds for detail work are also highly recommended.

Some brands I have used and recommend are: Sable or soft synthetic:
Trekell Legion Synthetic Mongoose
Trekell Red Sable

Rosemary & Co. Eclipse (synthetic) – I prefer the long filberts Rosemary & Co. Pure Red Sable
Robert Simmons Sapphire (sable/synthetic blend)

Chungking Hog Bristle: Trekell Hog Bristle
Robert Simmons Signet Series

You will also need a soft synthetic hair flat or filbert brush for oiling out. An inch or so wide will be fine. This should be an inexpensive brush. It does not need to be of high quality. Something from Loew- Cornell or the like will be fine.

Paints:

Any good quality paint such as M. Graham, Michael Harding, or Gamblin are suitable. Stay away from student grade paints.

You may use your own selection of paints if you are comfortable with a particular palette. But still try to bring some alkyd white. Otherwise I recommend the following:

Titanium White

Alkyd White – I recommend Winsor & Newton Griffon (alkyd) Titanium White

Cadmium Yellow
Yellow Ochre
Cadmium Orange
Cadmium Red Light
Transparent Red Oxide
Raw Umber
Alizarin Permanent or similar
Ultramarine Blue
Phthalo green

Support:

I recommend size 12 x 16 (but bring what suits you). This will primarily be a head study. You will only need one canvas. I recommend a smooth weave linen or cotton, well stretched and primed. Oil or acrylic primed panel is also suitable.

Also, bring something with which to do one or two color studies. I like to use a scrap of primed linen taped to a board. A small, inexpensive canvas panel is also suitable.

Other:

Liquin Impasto Painting Medium (From Winsor & Newton. Please note this is a thicker gel consistency of Liquin Original. It comes in a tube. W&N also makes a medium they call Impasto Medium. Make sure you buy specifically Liquin Impasto. I will have some extra to share if you can't find it.)

A Palette Cup

A Small Amount of 1:1 mixture of Walnut or Linseed Oil and OMS (an ounce or so should be more than enough)

A Palette – Either a glass palette, disposable sheets, a hand-held wooden type or whatever you prefer. **Please try to avoid white or overly dark palettes. A gray or tan color of light-medium value is to be preferred.**

A Trowel Shaped Painting Knife (for mixing), the blade being 1 1/2 -2 inches (or thereabouts) in length.

Rags or Paper Towels

Brush Basin/Cleaner

Odorless Mineral Spirits (OMS) – I prefer Gamsol by Gamblin. This solvent

dissolves very slowly into the atmosphere, making it safer to use than other solvents or turpentine. Please do not bring a product you bought at the hardware store. Bring something made for artist use.

Mahl Stick -- If you are looking to achieve very fine detail and a refined finish a mahl stick is essential.

Kneaded Eraser

Optional (but recommended):

Measuring Tool – I prefer a long knitting needle but the handle of your brush can work as well.

Glass Scraper – If you are using a glass palette.

A Small Hand Held Mirror – A great tool for seeing your painting in a fresh way and seeing your mistakes. I use one all the time.

A Pair of Close Focusing Binoculars – Such as the Pentax Papilio. Very helpful for seeing detail if you are positioned a bit away from the model.