In addition to these painting supplies students will also need two 16x20 inch canvases and one 28x28 inch (or thereabouts) canvas.

Teresa Oaxaca
Painting Workshop Supplies
Palette-
This is the recommended palette I use (Paints Available at Natural Pigments Website- http://www.naturalpigments.com/teresa-oaxaca-palette.html

Supplies

- palette knife
- paper towels
- palette (glass or wood or plastic)

Basic Palette-

Ultramarine Blue Green Shade
  - Antica Green Earth
  - Lemon Ochre
Chrome Yellow Primrose
  - Lead Tin Yellow Dark
Orange Molybdate
  - Pozzuoli Red
Alizarin Crimson
Cypress Umber Raw Dark
  - Lead White #1
Bone Black
Vermillion

Extended Palette

Maya Blue
Cobalt Chromite Blue
Verona Green Earth
French Umber

Mediums-

Oleogel
Expoxide Oil
Age Refined Linseed Oil
Rublesol (odourless mineral spirits)
Or you can substitute some or all of these colors with pigments of similar names (listed below) should you already have some or are unable to get a hold of Rublev colors. The selected list is however preferable as it is an integral part of my working palette and it has been selected for paint handling qualities and quick drying time so that your progress in the workshop may run smoothly without the added difficulty of having to work over still wet or tacky paint. You will notice the high number of earth colors, umbers and leads. The oils that bind these pigments and that will be used as a medium also exemplify quick drying times.

**Alternative Palette**

- Ultramarine Blue
- Terra Verte
- Yellow Ochre
- Cadmium Yellow light
- Naples Yellow
- Cadmium Orange
- Venetian Red
- Alizarin Crimson
- Raw Umber
- Lead White/a white
- Ivory Black
- Vermillion or Cadmium Red
- Linseed Oil
- Gamsol

I paint on both canvases and panels. Medium to smooth weave is preferred, but bring what you are comfortable with. I prefer Claessens oil primed linen rolls and then stretch them myself. At other times I use Artefex oil primed linen on Dibond panel, which are available through NaturalPigments.com. Though these are more expensive they are archival and also give great painting results.

Brushes- Suggestions include a mix of soft brushes (sable, mongoose, or badger hair) and rough sturdy bristle (hog). Synthetics can also be used but I tend not to buy them as much anymore as they don’t keep their shape as well in the long run and make synthetic looking marks.

Some of my favorite brushes include the Rosemary and Co. “Masters Choice” series. Their Ivory series and their Economy Hog Bristle. I also like the Eclipse series that is a good blend of soft natural hairs and comes a little cheaper than sable. Escoda, Simmons, Windsor & Newton, Isabey...Bring what you have. I recommend a range of sizes from 1 to 12, in various shapes and bristle combinations. A house painting brush is useful too for laying in large areas.