# NANCY CHABOUN 

Supply List - Oil

First of all, I suggest you bring what you are accustomed to using. But here are some suggestions, and what I normally bring to a class.

Canvas: An assortment of canvas size, either stretched or panels. I prefer oil primed linen, but | know this can be costly. If you use gesso primed cotton canvas, I recommend giving them a couple of extra coats of gesso.

Brushes: Decent brushes that are not hard, splayed or completely worn out. Give yourself a fighting chance. I use Robert Simmons bristle brushes filberts and occasionally flats, Rosemary mongoose blend flats and filberts, and Rosemary Ivory, filbert and flats.

Oil Paint: Please don't use Student grade paint. It just doesn't have the tinting power. Again, use the colors you are used to.

My normal palette is:

| Titanium White | Thalo Red | Thalo Blue |
| :--- | :--- | :--- |
| Cad Yellow Lemon | Rose or Permanent Rose | Thalo Green |
| Cad Yellow Medium | Yellow Ochre or Raw Sienna | Sap Green |
| Cad Yellow Orange | Transparent Oxide Brown | Alizarin Crimson |
| Cad Red light | Ultramarine Blue Deep | Ivory Black |

I augment this palette occasionally with: cinnabar green light, violet gray, cobalt blue, mars violet and mauve blue shade (or some kind of dark purple).

Medium: Lately my medium is a mixture of: 1 part stand oil, 1 part damar varnish and 5 parts Gamsol. Alternatively, I often use walnut alkyd oil or linseed oil.

## Other materials:

- Odorless spirits
- Paper towels
- Palette knife
- Camera
- Your smile

