NANCY CHABOUN

Supply List - Oil



First of all, I suggest you bring what you are accustomed to using. But here are some suggestions, and what I normally bring to a class.

Canvas: An assortment of canvas size, either stretched or panels. I prefer oil primed linen, but I know this can be costly. If you use gesso primed cotton canvas, I recommend giving them a couple of extra coats of gesso.

Brushes: Decent brushes that are not hard, splayed or completely worn out. Give yourself a fighting chance. I use Robert Simmons bristle brushes filberts and occasionally flats, Rosemary mongoose blend flats and filberts, and Rosemary Ivory, filbert and flats.

Oil Paint: Please don't use Student grade paint. It just doesn't have the tinting power. Again, use the colors you are used to.

My normal palette is:

Titanium White	Thalo Red	Thalo Blue
Cad Yellow Lemon	Rose or Permanent Rose	Thalo Green
Cad Yellow Medium	Yellow Ochre or Raw Sienna	Sap Green
Cad Yellow Orange	Transparent Oxide Brown	Alizarin Crimson
Cad Red light	Ultramarine Blue Deep	Ivory Black

I augment this palette occasionally with: cinnabar green light, violet gray, cobalt blue, mars violet and mauve blue shade (or some kind of dark purple).

Medium: Lately my medium is a mixture of: 1 part stand oil, 1 part damar varnish and 5 parts Gamsol. Alternatively, I often use walnut alkyd oil or linseed oil.

Other materials:

- Odorless spirits
- Paper towels
- Palette knife
- Camera
- Your smile